The usage is pretty straightforward, such as

Room Date	5/31	6/1	6/2	6/3	6/4
Meeting Room					
Auditorium					
Seminar Room					

You may include a newline (\\) in 'Room' and/or 'Date'. Note that you will get spaces aside the slash line if there is a wider column in the same column of a different line. In such a case, you need to specify the width of the slashed column by saying

Room	5/31	6/1	6/2	6/3
Room With a Long Name				
Auditorium				
Seminar Room				

The specified width is neglected if it is narrower than the natural width of the column.

\((back) slashbox assumes by default that there is a blank space of width \tabcolsep on both sides of the column. Thus the slash line might exceeds the boundary when you use Q{} etc.

You can avoid it by specifying

Date Room	5/31	6/1	6/2	6/3	6/4
Meeting Room					
Auditorium					
Seminar Room					

Here [1] tells the command that there is no extra space on the left of this column. You can use [r] and [lr] likewise. You have to also specify the width of the column in this case, but it can be 0pt.